

# Board of Sports and Physical Education Policy Draft Policy Document for Discussion

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## **Table of Contents**

1. Importance	3
2. Purpose and objectives	3
3.Scope of the policy	4
4. Rules, guidelines and regulations relevant to this policy	4
5. Key aspects of policy	4
6. Board for policy implementation	5
7. Impact of the policy on processes	6

#### 1. Importance

Sports shape personality of an individual and physical exercises help in building and maintaining fitness of body and mind. Amidst plethora of career opportunities that the young generation has, career in sports is also becoming a lucrative option. Institutes of higher education are places where the young sports enthusiasts chisel out into a fine sportsperson.

Mulund College of Commerce has carved out 15 Shiv Chhatrapati Awardee in sports like Table Tennis, Chess, Football, Swimming, Badminton and Hockey and has also groomed some sportspersons of international acclaim. This policy would help to excel further by identifying the key areas for development and streamlining the processes.

#### 2. Purpose and objectives

- 1. To draw interest of students towards sports and physical fitness.
- 2. To give fair opportunities to students to acquire skills and hone talents in the arena of sports.
- 3. To encourage students towards participation in various sports events.
- 4. To make fair selection of students for various university, district and regional level tournaments.
- 5. To coach students and build competitiveness as a sports player.
- 6. To forge collaboration with sports academies and facility centres for better access to sports infrastructure and coaching for our students.
- 7. To organise intra and inter-collegiate sports events.
- 8. To guide students about various financial assistance available for sportspersons.
- 9. To maintain a well-equipped Gymkhana.
- 10. To organise annual sports prize distribution function.
- 11. To introduce sports as a means of recreation to the staff and the students alike.

#### 3. Scope of the policy

The policy shall be applicable to the staff and the enrolled students of the college. The policy will cover all the sports which are organised by University of Mumbai, Government of Maharashtra and Government of India. Private sports associations and events shall receive response from college on case to case basis and as per the approval of the Principal.

#### 4. Rules, guidelines and regulations relevant to this policy

University of Mumbai or Government has not prescribed any specific rule for gymkhana. It issues circulars and guidelines from to time. Maharashtra Public Universities Act, 2016 has laid down detailed procedure to be followed for gymkhana at University level. The policy will work within the ambit of Maharashtra Public Universities Act, 2016 and guidelines of University as released from time to time.

#### 5. Key aspects of policy

- 1. The Principal of the college shall constitute a Gymkhana Committee.
- 2. The committee shall meet at least once in each semester to discuss and plan the functioning of the board of sports and physical education.
- 3. The fairness in selection for various sports events shall be maintained by giving wide publicity to the selection procedure and selection schedule. University and government sports events shall receive priority over events organised by colleges.
- Gymkhana Secretary shall be selected from among the students meeting the eligibility criteria and showing interest in shouldering the responsibility of smooth functioning of sports activities.
- 5. The sports having reasonable participation shall be represented by secretaries for those sports.
- 6. Annual Sports Day/Week shall be organised under the guidance of the Principal.
- 7. A stock of all the sports and gymkhana utilities (articles and equipment) shall be maintained and verified at the end of each academic year.

- 8. The requirements of sports utilities should be fulfilled by making the purchases at the beginning of each academic year. The committee shall also help in preparing budget for sports whenever asked by the Principal.
- 9. A log book of all the individuals accessing sports and gymkhana facilities should be maintained either digitally or manually.
- 10. For sports where there would be reasonable participation of student/s, coaches should be hired to give professional training.
- 11. Any lapse of academic participation on account of necessary & authorised practice or participation in sports shall be duly communicated to attendance committee, exam committee or class teacher, as and when applicable.
- 12. The director, Sports and physical education shall assist the admission committee in the admission of students under sports quota.
- 13. The Director, Sports and Physical Education shall maintain all the documents pertaining to the functioning of the Board and its decisions. The Director shall also ensure a smooth handover whenever there would be a change in the composition of the committee. Proactive efforts shall be made towards transition to secure digital record keeping.

#### 6. Board for policy implementation

The composition of the Gymkhana Committee members shall be decided by the Principal of the college. It will be effective for two years, as per the guidelines laid down in the Maharashtra Universities Act, 2016 as amended from time to time. Composition of the Committee shall be as follows:

- Chairperson
- Director, Sports and Physical Education
- Teachers as Board members (Three to eight)
- ➤ At least one Female teacher

### 7. Impact of the policy on processes

This policy relates to D2. Sports and Physical Education. It has its impact on the processes of maintaining safety in the campus (D4) and providing and maintaining infrastructure (D1). It will also govern the following processes:

- 1. Better and fair participation of students in sports events.
- 2. Building of holistic environment for nurturing fine sportsperson.
- 3. Improving the sports and gymkhana infrastructure and facilities of college.
- 4. Motivating students and faculties towards adopting sports and physical exercises as a means of improving physical and mental fitness.